



# NANOS<sup>◇</sup> Clinical Literature



Supporting healthcare  
professionals for over 150 years

## Performance

| Year of publication | Title/Reference  | Author/s   | Number of revision | Survival Rate | Average Age      | Follow-up                      | HH preop | HH postop | Type        |
|---------------------|--|--|--------------------|---------------|------------------|--------------------------------|----------|-----------|-------------|
| 2017                | Short stem total hip arthroplasty for osteonecrosis of the femoral head in patients 60 years or younger: a 3- to 10-year follow up study.<br>BMC Musculoskeletal Disorders (2017) 18:301 DOI 10.1186/s12891-017-1662-6 | Capone, A., Bienati, F., Torchia, S., Podda, D., & Marongiu, G.  | 0                  | 100%          | 51.5 years       | 37 caeses<br><b>5.6 year</b>   | 53       | 90        | Performance |
| 2016                | Prospective mid-term results of a consecutive series of a short stem.<br>Acta Orthopædica Belgica, Vol. 82 - 2 - 2016  | Stadler, N., Lehner, J., & Trieb, K.   | 0                  | 100%          | 61.6 years       | 84 cases<br>27.7 months ± 5.7) | 36.6     | 94.5      | Performance |
| 2015                | Total hip arthroplasty using a short-stem prosthesis: restoration of hip anatomy.<br>J Orthop Surg (Hong Kong). 2015;23(1):90-94.  | Amenabar, T., Marimuthu, K., Hawdon, G., Gildone, A., & McMahon, S.                                    | 0                  | 100%          | 63 years (25-92) | 147 cases<br>1 year            | 53       | 91        | Performance |
| 2013                | CCD and offset after Nanos short stem in total hip arthroplasty.<br>Technol Health Care. 2013;21(2):149-155.   | Ettinger, M., Ettinger, P., Ezechieli M., Büermann, S., Budde, S., Calließ, T., Petri, M., & Thorey F. | 1 stem<br>2 cups   | 99%           | 57.9 years       | 202 hips<br>35.03 ± 12 months  | n/a      | n/a       | Performance |
| 2011                | The new stemless hip implants: our experiences with the ultra short stem.<br>Journal of Orthopaedics and Traumatology 12/2011 (Suppl 1):S125-S164  | Logroscino, G., Magliocchetti, G., Ciriello, V., Santagada, D.A., & Fabbriani, C.                      | 0                  | 100%          | 55.5 years       | 136 cases<br>2.5 years         | n/a      | 98        | Performance |
| 2011                | The NANOS short stem in total hip arthroplasty: a mid term follow-up.<br>Hip Int 2011; 21 ( 05 ): 583 - 586  | Ettinger, M., Ettinger, P., Lerch, M., Radtke, K., Budde, S., Ezechieli, M., Becher, C., & Thorey F.   | 0                  | 100%          | 63 years         | 72 cases<br><b>5.2 years</b>   | 47.3     | 97.6      | Performance |

| Year of publication | Title/Reference   | Author/s                | Number of revision | Survival Rate | Average Age | Follow-up           | HH preop | HH postop | Type        |
|---------------------|---|-------------------------|--------------------|---------------|-------------|---------------------|----------|-----------|-------------|
| 2011                | Indications and implantation of a short femoral stem preserving the femoral neck: early outcomes and special cases treated with the NANOS stem.<br>J Bone Joint Surg Br. 2011;93(B)(SUPP IV):524. | Kuhn, H., & Vossman, C. | n/a                | n/a           | 57.4 years  | 1 - 3 years         | 47.8     | 96.62     | Performance |
| 2007                | Keep it short and simple – Ergebnisse einer Multicenter-Studie.<br>Orthopädie im Profil, 2007   | Reinhardt A.            | 0                  | 100%          | 55.4 years  | 52 cases<br>2 years | 47.1     | 95.8      | Performance |

## DEXA, EBRA and RSA

| Year of publication | Title/Reference   | Author/s   | Number of revision | Survival Rate | Average Age         | Follow-up                       | HH preop | HH postop | Type |
|---------------------|---|--|--------------------|---------------|---------------------|---------------------------------|----------|-----------|------|
| 2015                | A prospective randomized radiographic and dual energy X-ray absorptiometric study of migration and bone remodeling after implantation of two modern short stemmed femoral prostheses.<br>J Orthop Traumatol. 2015 Feb 11. | Brinkmann V, Radetzki F, Delank KS, Wohlrab D, & Zeh A.  | 0                  | 100%          | 59.7 years          | 26 cases<br>1 year              | n/a      | 96.5      | DEXA |
| 2015                | Migration characteristics and early clinical results of the NANOS short)stem hip arthroplasty.<br>Wien Klin Wochenschr. Mar 5 2015.   | Kaipel, M., Grabowiecki, P., Sinz, K., Farr, S., & Sinz, G.  | 0                  | 100%          | 64 years<br>(40-81) | 49 cases<br>2 years             | 47.9     | 98.1      | EBRA |
| 2015                | Analysis of migration of the Nanos® short-stem hip implant within two years after surgery.<br>International Orthopaedics (SICOT) 2015 # SICOT aisbl 2015  | Budde, S., Seehaus, F., Schwarze, M., Hurschler C., Floerkemeier, T., Windhagen, H., Noll, Y., Ettinger, M., & Thorey, F.          | n/a                | n/a           | 53.6 years          | 14 cases<br>2 years             | 55.9     | 97.3      | RSA  |
| 2013                | A prospective dual-energy X-ray absorptiometry study of bone remodeling after implantation of the Nanos® short-stemmed prosthesis.<br>Acta Orthop. Belg., 2013, 79, 174-180   | Zeh, A., Pankow, F., Röllinshoff, M., Delank, S., & Wohlrab D.   | 0                  | 100%          | 59.9 years          | 1 year                          | 47       | 94        | DEXA |
| 2011                | Bone integration of new stemless hip implants (Proxima vs. NANOS). A DXA study: preliminary results.<br>Int J Immunopathol Pharmacol. 2011 Jan-Mar;24(1 Suppl 2):113)116.   | Logroscino, G., Ciriello, V., D'Antonio, E., De Tullio, V., Piciocco, P., Magliocchetti Lombi, G., Santori, F.S., & Albanese, C.V. | 0                  | 100%          | 59.6 years          | 12 cases<br>1 year              | n/a      | n/a       | DEXA |
| 2010                | Is there a bone preserving bone remodelling in short stem prosthesis? DEXA analysis with the Nanos total hip arthroplasty.<br>Z Orthop Unfall. 2010;148(4):398)405.   | Götze, C., Ehrenbrink, J., & Ehrenbrink, H.  | 0                  | 100%          | 54.2 years          | 36 NANOS <sup>◇</sup><br>1 year | 43.1     | 96.5      | DEXA |

## Others

| Year of publication | Title/Reference   | Author/s  | Number of revision | Survival Rate | Average Age | Follow-up                                | HH preop | HH postop | Type   |
|---------------------|---|---|--------------------|---------------|-------------|--|----------|-----------|--|
| 2014                | Revision rate after short stem total hip arthroplasty: a systematic review of 49 studies. Acta Orthop. 2014;85(3):250-258.  | van Oldenrijk, J., Molleman, J., Klaver, M., Poolman, R.W., & Haverkamp, D.   | n/a                | n/a           | n/a         | 120 cases<br>3.6 years                   | n/a      | n/a       | Lit. review  |
| 2015                | The Influence of Hip Rotation on Femoral Offset Following Short Stem Total Hip Arthroplasty. The Journal of Arthroplasty 2015   | Boese, C.K. , Bredow, J., Ettinger, M., Eysel, P., Thorey, F., Lechler, P., & Budde, S.                                 | n/a                | n/a           | n/a         | 37 patients<br>48 radiographs<br>6 month | n/a      | n/a       | Hip Rotation   |
| 2013                | Anatomic Reconstruction of Hip Joint Biomechanics with the Bone Preserving Silent Micro Hip (TM) Prosthesis. 2013 Zeitschrift fur Orthopadie und Unfallchirurgie. 151. 497-502. 10.1055/s-0033-1350862. | Ries, Christian & Schopf, Wolfgang & Dietrich, F & Franke, S & Jakubowitz, Eike & Sobau, Christian & Heisel, Christian. | n/a                | n/a           | n/a         | 50 cases<br>11.9 months                  | n/a      | n/a       | Comparison of 3 different types on anatomic reconstruction |
| 2016                | A new anterolateral surgical approach for total hip replacement. Joints 2016;4(3):148-152   | Grano, G.F., Pavlidou M., Todesco, A., Palermo, A., Molfetta, L.  | n/a                | n/a           | 69.4 years  | 35 NANOS<br>1 year                       | n/a      | n/a       | Approach   |
| 2012                | Minimal invasive (MIS) posterior approach in short stem total hip arthroplasty)Short term results. J Bone Joint Surg Br. 2012;94(B)(SUPP XXV):156.  | Moussa, K.  | 3 cups             | 97%           | 53 years    | 113 cases<br>0.5 - 4.5 years             | 53       | 94        | Approach   |

NANOS<sup>®</sup> Clinical Literature  
Performance

### Short stem total hip arthroplasty for osteonecrosis of the femoral head in patients 60 years or younger: a 3- to 10-year follow-up study

2017; BMC Musculoskeletal Disorders 18:301 DOI 10.1186/s12891-017-1662-6

Capone, A., Bienati, F., Torchia, S., Podda, D., & Marongiu, G.

|                |   |
|----------------|---|
| Study Type     | Review of prospectively collected data  |
| Number of hips | 37 cases  |
| HHS            | HHS Preop. 53, Postop 90  |
| Survivalrate   | 100%  |
| Follow up      | 5.6 years   |
| Mean Age       | 51.5 years  |
| Aim of study   | In young patients with osteonecrosis of the femoral head (ONFH), short-stem total hip arthroplasty (THA) could allow a potential advantage in preserving metaphyseal bone-stock, when revision surgery might become necessary. However, only a few studies have evaluated the outcome of short-stem THAs in ONFH.   |
| Key findings   | <ul style="list-style-type: none"><li>• <b>Clinical and functional results improved significantly</b></li><li>• <b>Excellent clinical results and fixation pattern</b> at mean 5.6 years' follow-up reveal this implant as a reliable option in advanced stage of ONFH either</li><li>• The diameter of the femoral head did not influence the clinical outcome</li><li>• <b>All hips showed bone ingrowth fixation</b> of the acetabular and femoral components</li><li>• <b>No patients showed osteolysis</b></li><li>• <b>No revision</b> for any reason was performed during the study period</li></ul> |

### Prospective mid-term results of a consecutive series of a short stem

Acta Orthopædica Belgica, Vol. 82 - 2 - 2016  
Stadler, N., Lehner, J., & Trieb, K.

|                |   |
|----------------|---|
| Study Type     | Prospective study   |
| Number of hips | 84 cases  |
| HHS            | HHS Preop. 36.6, Postop 94.5  |
| Survivalrate   | 100%  |
| Folow up       | 27.7 months   |
| Mean Age       | 61.6 years (range 41-78)  |
| Aim of study   | Although there are already a large number of short stems available, we still know so little about the survival rates. That is why our purpose was to collect prospective data about Nanos <sup>®</sup> short stems.   |
| Key findings   | <ul style="list-style-type: none"><li>• Short stems in hip arthroplasty usher in a new era by <b>conserving the bone stock</b>, and by using <b>minimally invasive</b> approaches, it is possible to provide a protection of the soft tissues and therefore enable a rapid recovery</li><li>• We conclude that our mid-term results <b>encourage us to continue to use short stems</b> in order to <b>preserve the proximal bone stock and to make recovery faster</b></li><li>• The titanium plasma coating allows for increasing the surface area ad ensuring <b>superior primary stability</b></li></ul> |



### Total hip arthroplasty using a short stem prosthesis: restoration of hip anatomy

J Orthop Surg (Hong Kong). 2015;23(1):90-94

Amenabar, T., Marimuthu, K., Hawdon, G., Gildone, A., & McMahon, S.

|                |  |
|----------------|--|
| Study Type     | Retrospective  |
| Number of hips | 147 hips   |
| HHS            | HHS Preop. 53, Postop 91   |
| Survivalrate   | 100%   |
| Folow up       | 1 year   |
| Mean Age       | 63 years (range 25-92)   |
| Aim of study   | Evaluate hip parameters such as vertical centre of rotation (VCR), horizontal centre of rotation (HCR), femoral offset, and leg length after total hip arthroplasty (THA) using the Nanos short-stem prosthesis. |
| Key findings   | <ul style="list-style-type: none"><li>• Cup: R3 with ceramic on ceramic or VERILAST</li><li>• <b>NANOS enabled restoration of hip anatomy</b> (VCR, HCR, femoral offset, and leg length)</li></ul>               |

### CCD and offset after Nanos short stem in total hip arthroplasty

Technol Health Care. 2013;21(2):149)155.

Ettinger, M., Ettinger, P., Ezechieli M., Büermann, S., Budde, S., Calließ, T., Petri, M., & Thorey F.

|                |   |
|----------------|---|
| Study Type     | Case series   |
| Number of hips | 202   |
| HHS            | n/a   |
| Survival rate  | 99% (revisions: 1 stem, 2 cup)  |
| Follow up      | 2.9 years   |
| Mean Age       | 57.9 years  |
| Aim of study   | Provide comprehensive data about the mid-term radiologic results, the neck-shaft-angle and the offset after implantation of this device.  |
| Key findings   | <ul style="list-style-type: none"><li>• This study shows that a <b>correct anatomical reconstruction</b> is possible with a device of this design</li><li>• Two stems showed radiolucent lines at the implant-bone-interface at the last follow-up</li><li>• The <b>subsidence measured in our study (1.9%) is comparable to other short stem implants</b><br/>Schmidutz et al. presented a subsidence of 3.9% after two years for the Metha stem</li><li>• <b>Increase of bone density</b> could be detected in 18 hips, since an increase in bone density indicates proximal femoral remodeling, this <b>could be recognized as a favorable outcome</b></li></ul> |

### The new stemless hip implants: our experiences with the ultra short stem

Journal of Orthopaedics and Traumatology 12/2011 (Suppl 1):S125–S164

Logroscino, G., Magliocchetti, G., Ciriello, V., Santagada, D.A., & Fabbriciani, C.

|                |   |
|----------------|---|
| Study Type     | Case study  |
| Number of hips | 136 cases   |
| HHS            | HHS Postop 98   |
| Survival       | 100%  |
| Follow up      | 2.5 years   |
| Mean Age       | 55.5 years  |
| Aim of study   | The aim of this study is to assess the effectiveness of a new “stemless” hip implant.   |
| Key findings   | <ul style="list-style-type: none"><li>• The rate of implant failure (MFR) was 0%, with a percentage of osseointegrated implants of 100% and <b>consistent improvement in recover from pain, in joint function and in the quality of life</b></li><li>• Some complications were observed: 1 metaphyseal crack, 2 perforations of the diaphyseal cortical bone, 2 dislocations, 4 leg length discrepancies (&gt;1 cm., but &lt;2 cm.) and one cup aseptic loosening</li><li>• Some limitations were observed in the correction of leg length. Nevertheless the <b>clinical results were certainly better, at early follow-up., than of the traditional stems</b></li><li>• The new stemless implant showed to be <b>well indicated in young patients or in case of well preserved proximal bone quality</b></li></ul> |

### The NANOS short stem in total hip arthroplasty: a mid term follow-up

Hip Int 2011; 21 ( 05 ): 583 - 586

Ettinger, M., Ettinger, P., 2, Lerch, M., Radtke, K., Budde, S., Ezechieli, M., Becher, C., & Thorey F.

|                |   |
|----------------|---|
| Study Type     | Retrospective analysis                        |
| Number of hips | 72 cases                                      |
| HHS            | Preop 47.3; Postop 97.6                       |
| Survival rate  | 100% stem survival                            |
| Follow up      | 5.2 years                                     |
| Mean Age       | 63 years                                      |
| Aim of study   | Describe experience with the NANOS prosthesis |

- Key findings**
- **60 patients were «very satisfied»**, four «satisfied.» Only 1 patient was «not satisfied» due to the aseptic cup loosening
  - In 4 patients leg lengthening was reported, but none of these exceeded 10mm
  - **Good to excellent clinical results** after a follow-up of 5.2 years
  - The clinical and **radiological results support to the principle of metaphyseal anchorage**

### Indications and implantation of a short femoral stem preserving the femoral neck: early outcomes and special cases treated with the NANOS stem

J Bone Joint Surg Br. 2011;93(B(SUPP IV):524. Journal  
Kuhn, H., & Vossman, C.

|                |  |
|----------------|--|
| Study Type     | Multisite study, 5 hospitals   |
| Number of hips | 205 patients   |
| HSS            | Preop 47.8; Postop 96.62   |
| Survivalrate   | n/a  |
| Folow up       | 1-3 years (1 year 77 patients and 24- 36 months for 50 patients)   |
| Mean Age       | 57.4 years (range 33-80 years)   |
| Key findings   | <ul style="list-style-type: none"><li>• Distribution indications in this study: <b>primary degenerative disease</b> (n=110, 51.4%) <b>dysplasia</b> (N=57, 26.5%), <b>necrosis of the femoral head</b> (n=32, 15%) other cuases includint <b>perthes disease, epiphysiolysis, posttaruamatic osteoarthritis, protrusion</b></li><li>• The fine neck of NANOS avoids impingement and increases joint range of motion</li><li>• No dislocation</li><li>• No stem migration</li><li>• Early results indicate a <b>high level of patient satisfaction</b></li><li>• Clinical and radiographic findings suggest <b>good long-term outcome can be expected</b></li></ul> |

### Keep it short and simple

Orthopädie im Profil, 2007  
Reinhardt A.

|                |   |
|----------------|---|
| Study Type     | Multicenter study   |
| Number of hips | Follow up 52 cases / total implanted 183 hips   |
| HSS            | Preop 47.1; Postop 95.8   |
| Survivalrate   | 100%  |
| Folow up       | 2 years   |
| Mean Age       | 55.4 years  |
| Aim of study   | Collect clinical results of the NANOS short stem  |
| Key findings   | <ul style="list-style-type: none"><li>• No migration</li><li>• No stem loosening</li><li>• No revision</li><li>• The bone and soft tissue sparing procedure as well as the reconstruction of the physiological load transmission provide some advantages for mobilisation and future revisions</li><li>• Offset reconstruction of the proximal femur can be achieved</li><li>• Due to the orientation along the Adam's arch <b>modularity is not needed to achieve offset reconstruction</b></li><li>• <b>A good implant for biological young and active patients</b></li></ul> |

NANOS<sup>®</sup> Clinical Literature  
DEXA, EBRA and RSA Studies

### A prospective randomized radiographic and dual energy X-ray absorptiometric study of migration and bone remodeling after implantation of two modern short stemmed femoral prostheses

J Orthop Traumatol. 2015 Feb 11.

Brinkmann V, Radetzki F, Delank KS, Wohlrab D, & Zeh A.

|                |  |
|----------------|--|
| Study Type     | DEXA Study   |
| Number of hips | 26 NANOS <sup>◊</sup> / 24 Metha   |
| HHS            | Nanos/Metha: 96.5/96.2 postop  |
| Survivalrate   | 100%   |
| Folow up       | 1 year   |
| Aim of study   | Analyze migration and strain transmission of the Metha and Nanos <sup>◊</sup> femoral prostheses   |
| Key findings   | <ul style="list-style-type: none"><li>• No significant change of varus- valgus alignment or clinically relevant migration of the Metha or Nanos prostheses during postoperative follow-up</li><li>• Center of rotation or offset did not change significantly after surgery</li><li>• DEXA demonstrated proximally located load transfer with only moderate proximal stress shielding</li><li>• No substantial or clinically relevant differences regarding the reduction or loss of bone in the proximal aspect of the femur</li><li>• Both stems show <b>excellent clinical results</b> and <b>reliable osseointegration</b> over a short follow-up period</li></ul> |



### Migration characteristics and early clinical results of the NANOS short)stem hip arthroplasty.

DOI 10.1007/s00508-015-0756-0, Wien Klin Wochenschr. Mar 5 2015

Kaipel, M., Grabowiecki, P., Sinz, K., Farr, S., & Sinz, G.

|                |  |
|----------------|--|
| Study Type     | Prospective, EBRA (computer-assisted Einzel-Bild-Roentgen-Analyse)   |
| Number of hips | 49 cases   |
| HSS            | Preop 47.9; Postop 98.1  |
| Survivalrate   | 100%   |
| Folow up       | 2 years  |
| Mean Age       | 64 years (40-81 years)   |
| Aim of study   | Assess migration patterns and clinical outcome 2 years after hip replacement by a metaphyseal anchored cementless short stem.  |
| Key findings   | <ul style="list-style-type: none"><li>• This study shows <b>beneficial migration data</b></li><li>• No radiographic sign of stem loosening could be detected on the X-rays</li><li>• In one case, distinctive subsidence could be monitored in conventional X-rays and was probably caused by undersizing the femoral implant</li><li>• Migration patterns strongly suggest that <b>short-stem arthroplasty is not only an innovative but also a reliable strategy</b> in total hip replacement</li><li>• Results of this <b>study confirm the excellent clinical data</b> of previous works</li></ul> |

### Analysis of migration of the NANOS<sup>◇</sup> short-stem hip implant within two years after surgery

International Orthopaedics (SICOT) 2015 # SICOT aisbl 201

Budde, S., Seehaus, F., Schwarze, M., Hurschler C., Floerkemeier, T., Windhagen, H., Noll, Y., Ettinger, M., & Thorey, F.

|                |   |
|----------------|---|
| Study Type     | RSA   |
| Number of hips | 14 cases (of the initial 18 patients 2 did not present themselves and 2 were excluded)  |
| HHS            | HHS Preop. 55.9, Postop 97.3  |
| Survival rate  | n/a   |
| Follow up      | 2 years   |
| Mean Age       | 53.6 years  |
| Aim of study   | Short-stem implants provide a bone-preserving alternative in total hip arthroplasty. However, some evidence exists that the smaller implant-bone contact surface may compromise primary stability and impair osseointegration. The aim of this study was to investigate the stability of fixation of the Nanos hip replacement device.  |
| Key findings   | <ul style="list-style-type: none"><li>• A <b>good clinical outcome</b> was observed, corresponding well to previously published clinical data on the Nanos implant</li><li>• The Nanos short-stem hip implant showed only a <b>slight initial migration</b> within three months after implantation, followed by secondary stabilization</li><li>• The results suggest both <b>good primary stability</b> and <b>osseointegration</b>, suggesting a <b>low risk of aseptic loosening</b></li></ul> |

### A prospective dual-energy X-ray absorptiometry study of bone remodeling after implantation of the Nanos<sup>®</sup> short-stemmed prosthesis

Acta Orthop. Belg., 2013, 79, 174-180

Zeh, A., Pankow, F., Röllinhoff, M., Delank, S., & Wohlrab D.

|                |  |
|----------------|--|
| Study Type     | DEXA, prospective  |
| Number of hips | 23   |
| HHS            | HHS Preop. 47, Postop 94   |
| Survivalrate   | 100%   |
| Folow up       | 1 year   |
| Mean age       | 59.9 years   |
| Aim of study   | Analyze the bone remodeling around the Nanos <sup>®</sup> stem after primary total hip arthroplasty for coxarthrosis |

#### Key findings

- Assessment of the preoperative and postoperative **offset and center of rotation did not show a significant difference**
- **Significant improvement of HHS** from 47 points to 94 points reflects the very good clinical result.
- No clinically relevant migration or tilting
- The Nanos<sup>®</sup> prosthesis **can reduce loss of BMD of the proximal aspect of the femur** compared with conventional stems and other short-stemmed implants. However, a complete prevention of stress shielding of the calcar region and the major trochanter is not achieved
- In contrast to others, we found no evidence for a substantial distal load transfer

### Bone integration of new stemless hip implants (PROXIMA vs. NANOS<sup>◊</sup>). A DXA Study: preliminary results

Int J Immunopathol Pharmacol. 2011 Jan-Mar;24(1 Suppl 2):113)116

Logroscino, G., Ciriello, V., D'Antonio, E., De Tullio, V., Piciocco, P., Magliocchetti Lombi, G., Santori, F.S., & Albanese, C.V.

|                |   |
|----------------|---|
| Study Type     | DXA Study   |
| Number of hips | 12 NANOS/ 19 PROXIMA  |
| HHS            | n/a   |
| Survival rate  | 100%  |
| Follow up      | 1 year  |
| Mean Age       | 59.6 years  |
| Aim of study   | Evaluate the osseointegration of two different partial neck retaining stemless hip prosthesis at one year after surgery   |
| Key findings   | <ul style="list-style-type: none"><li>• No signs of radiographic subsidence or radiolucent lines; all stems bony stable osseointegrated</li><li>• Both implants <b>preserve metaphyseal bone stock</b> and <b>increase periprosthetic BMD</b></li><li>• NANOS showed significant higher BMD values in region 3 and 4</li><li>• <b>No signs of stress shielding</b></li><li>• This preliminary DXA analysis showed a physiological integration of both the stems that reproduces the biomechanical stress of proximal femur</li><li>• New designed short stem implants showed optimal osseointegration after one year, and therefore appears an <b>excellent alternative to traditional long stem hip prostheses</b></li></ul> |

### Is there a bone preserving bone remodelling in short stem prosthesis? DEXA analysis with the Nanos total hip arthroplasty

Z Orthop Unfall. 2010;148(4):398)405.  
Götze,C., Ehrenbrink, J., & Ehrenbrink, H.

|                |  |
|----------------|--|
| Study Type     | DEXA Analysis  |
| Number of hips | 36 NANOS / 36 Alloclassic (standard prothesis)   |
| HSS            | Preop 43.1; Postop NANOS 96.5 / Alloclassic Postop 91.3  |
| Survivalrate   | 100%   |
| Folow up       | 1 year   |
| Mean Age       | Short stem 54.2 years (range 29-74) / conventional stem 61.1 years (range 39-71)   |
| Aim of study   | It has been suggested that the use of a short-stem prosthesis could conserve proximal bone by proximal load transfer. Proximal stress shielding should be reduced, a phenomenon that has been associated with bone resorption around traditional stems. Bone remodeling of a metaphyseal fixed stem (Nanos <sup>®</sup> , Smith & Nephew Int.) was analyzed by the dual-energy x-ray absorptiometry.   |
| Key findings   | <ul style="list-style-type: none"><li>• The desired proximal load transfer of a short stemmed implant in the metaphyseal region of the proximal femur could not be reached with this device</li><li>• No loosening or migration</li><li>• <b>On the basis of the excellent clinical results</b> of the patients operated with the Nanos<sup>®</sup> short-stem prosthesis we conclude that <b>the component induces bone ingrowth in the lateral/distal region of the proximal femur</b></li></ul> |

NANOS<sup>®</sup> Clinical Literature  
Others

### Revision rate after short stem total hip arthroplasty: a systematic review of 49 studies.

Acta Orthop. 2014;85(3):250-258

van Oldenrijk, J., Molleman, J., Klaver, M., Poolman, R.W., & Haverkamp, D.

|                       |   |
|-----------------------|---|
| <b>Study Type</b>     | Literature review (systematic review of English, French, German, and Dutch literature)  |
| <b>Number of hips</b> | Total 6,495 hips , 120 NANOS <sup>◊</sup>   |
| <b>Aim of study</b>   | Evaluate if survival rates of short-stem hips match current standards. Systematic summary of reported overall survival after short-stem total hip arthroplasty.   |
| <b>Key findings</b>   | <ul style="list-style-type: none"> <li>49 studies were found (51 cohorts) involving 19 different stems. The majority of studies included had a follow-up of less than 5 years. Total 6,495 patients.</li> <li>A large number of observational studies on <b>“partial collum”</b> and <b>“trochanter-sparing”</b> stems, demonstrated <b>adequate survival rates</b> at medium-term follow-up.</li> <li>Clinical evidence from <b>“collum stem”</b> studies was limited to a small number of studies with a medium-term follow-up period. These studies <b>did not show a satisfactory overall survival rate.</b></li> </ul> |

Table 2. Mean revisions per 100 observed component years for each stem category and stem type individually

|                           | Revisions/100 component years | SD  | 95% CI    | n     | Years of follow-up mean (range) |
|---------------------------|-------------------------------|-----|-----------|-------|---------------------------------|
| <i>Collum</i>             |                               |     |           |       |                                 |
| Total                     | 2.0                           | 2.1 | 1.8–2.2   | 540   | 4.4 (2.0–6.0)                   |
| CUT                       | 2.5                           | 2.3 | 2.3–2.7   | 486   | 4.6 (3.1–6.0)                   |
| CUT without outlier       | 1.6                           | 1.0 | 1.5–1.7   | 404   | 4.4 (3.1–5.4)                   |
| GOT                       | 0                             |     |           | 20    | 2.0                             |
| Spiron                    | 1.5                           |     |           | 34    | 2.0                             |
| <i>Partial collum</i>     |                               |     |           |       |                                 |
| Total                     | 0.64                          | 1.0 | 0.60–0.68 | 2,357 | 4.0 (0.5–11.2)                  |
| CFP                       | 0.21                          | 0.2 | 0.32–0.36 | 1,001 | 5.1 (2.0–11.2)                  |
| Metha                     | 1.20                          | 1.4 | 1.1–1.3   | 724   | 3.7 (0.9–5.0)                   |
| Nanos                     | 0.18                          | 0.3 | 0.12–0.24 | 120   | 3.6 (1.0–5.2)                   |
| Biodynamic                | 0.38                          |     |           | 153   | 3.5                             |
| Optimys                   | 3.17                          |     |           | 63    | 0.5                             |
| Delphi-M                  | 0.00                          |     |           | 15    | 3.1                             |
| COLLO-MIS                 | 0.50                          |     |           | 100   | 2.0                             |
| MiniHip                   | 0.55                          |     |           | 181   | 3.0                             |
| <i>Trochanter-sparing</i> |                               |     |           |       |                                 |
| Total                     | 0.8                           | 1.0 | 0.77–0.83 | 3,628 | 3.4 (0.3–12.0)                  |
| Mayo                      | 0.9                           | 1.2 | 0.86–0.95 | 1,853 | 5.0 (0.3–7.0)                   |
| Proxima                   | 0.0                           | 0.0 |           | 125   | 1.7 (1.0–2.2)                   |
| Profile                   | 1.0                           |     |           | 25    | 12.0                            |
| Profile HA                | 0.3                           |     |           | 25    | 12.0                            |
| TaperLoc microplasty      | 0.8                           | 1.0 | 0.74–0.86 | 909   | 1.1 (0.6–2.4)                   |
| Citation                  | 0.0                           |     |           | 156   | 2.9                             |
| Fitmore                   | 0.5                           |     |           | 500   | 1.3                             |
| Aida                      | 2.3                           |     |           | 35    | 1.3                             |

### The Influence of Hip Rotation on Femoral Offset Following Short Stem Total Hip Arthroplasty

The Journal of Arthroplasty 2015

Boese, C.K. , Bredow, J., Ettinger, M., Eysel, P., Thorey, F., Lechler, P., & Budde, S.

|                       |   |
|-----------------------|---|
| <b>Study Type</b>     | Prospective case series<br>Preoperative and postoperative radiographs were compared. Repeated measurements were performed 6 months after the first measurement.   |
| <b>Number of hips</b> | 37 patients; 48 radiographs   |
| <b>HSS</b>            | n/a   |
| <b>Survival rate</b>  | n/a   |
| <b>Follow up</b>      | 6 months  |
| <b>Mean Age</b>       | n/a   |
| <b>Aim of study</b>   | Analyze the reliability of the method for radiological rotation-analysis and the calculation of rotation-corrected femoral offset following short stem total hip arthroplasty   |
| <b>Key findings</b>   | <ul style="list-style-type: none"><li>Based on this study, the application of rotation-correction is of highest relevance for the correct assessment of femoral offset in future studies. Conclusions drawn from non-corrected FO should be interpreted critically.</li></ul> |



### Anatomic Reconstruction of Hip Joint Biomechanics with the Bone Preserving Silent Micro Hip (TM) Prosthesis

2013 Zeitschrift für Orthopädie und Unfallchirurgie. 151. 497-502. 10.1055/s-0033-1350862.  
Ries, C.; Schopf, W.; Dietrich, F.; Franke, S.; Jakubowitz, E.; Sobau, C.; Heisel, C.

|                |  |
|----------------|--|
| Study Type     | Case Series; X-Ray analysis; retrospective   |
| Number of hips | 50 NANOS <sup>◊</sup> ; 50 Silent Micro Hip; 50 SL-PLUS MIA <sup>◊</sup>   |
| HSS            | n/a  |
| Survivalrate   | n/a  |
| Folow up       | 11.9 months  |
| Mean Age       | 54.5 (NANOS); 47,5 (Silent Micro Hip); 64.5 (SL-PLUS MIA)  |
| Aim of study   | Evaluate hip joint biomechanics of the Silent Micro Hip in comparison to other implnats.   |
| Key findings   | <ul style="list-style-type: none"><li>• The horizontal <b>femoral offset and the limb length showed no significant difference</b> between the Silent Micro Hip, and the NANOS or SL-PLUS MIA at the reconstructed hip</li><li>• An <b>almost anatomic reconstruction of the hip joint biomechnaics was reachd with all three implant types</b></li></ul> |

### A new anterolateral surgical approach for total hip replacement

Joints 2016;4(3):148-152

Grano, G.F., Pavlidou M., Todesco, A., Palermo, A., Molfetta, L.

|                       |   |
|-----------------------|---|
| <b>Study Type</b>     | Retrospective review  |
| <b>Number of hips</b> | 200 caese / 35 NANOS; 15 SMF; 150 C2 Stem   |
| <b>HSS</b>            | excellent in 95% of the cases and good in 5%  |
| <b>Survivalrate</b>   | n/a   |
| <b>Folow up</b>       | 12 months   |
| <b>Mean Age</b>       | 69.4 years  |
| <b>Aim of study</b>   | The purpose of the present paper is to present the short-term results of a “detachment-free” (DF) anterolateral approach for primary total hip replacement (tHR) performed in a large series of patients.   |
| <b>Key findings</b>   | <ul style="list-style-type: none"><li>• No heterotopic ossification</li><li>• No mobilization of the prosthetic components</li><li>• No hip dislocation</li><li>• No infections</li><li>• No deep vein thrombosis</li><li>• No failure of the gluteal muscles</li><li>• Like all surgical techniques, the DF anterolateral approach in total hip replacement has a learning curve that depends directly on the surgeon’s experience with the standard surgical approaches</li><li>• Correct patient selection and precise execution of the incision and anesthetic relaxation are indispensable for correct execution of the DF surgical approach</li></ul> |

### Minimal invasive (MIS) posterior approach in short stem total hip arthroplasty - Short term results

J Bone Joint Surg Br. 2012;94(B)(SUPP XXV):156  
Moussa, K.

|                |   |
|----------------|---|
| Study Type     | n/a   |
| Number of hips | 113 cases   |
| HSS            | Preop 53; Postop 94   |
| Survivalrate   | Stem 100% ; cup 97% (3 revised, malposition)  |
| Folow up       | 2.5years (range 0.5 - 4.5 years)  |
| Mean Age       | 53 years (average age 33-73)  |
| Aim of study   | Assessment of the advantages of the minimal invasive posterior approach in short stems (NANOS <sup>°</sup> ) THA  |
| Key findings   | <ul style="list-style-type: none"><li>• No prothesis specific complications were discovered during study period</li><li>• <b>No evidence of any loosening or migration</b></li><li>• No luxation</li><li>• The NANOS<sup>°</sup> stem prothesis allowed a <b>metaphyseal intertrochanteric multipoint primary fixation</b></li><li>• The surgical technique posterior approach gave a good access to the femur and acetabulum</li></ul> |



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